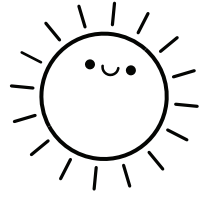




TE RĀ O NGĀ
TAMARIKI
CHILDREN'S DAY

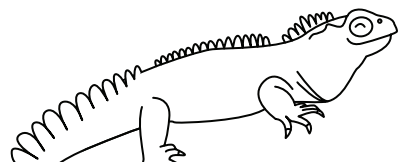
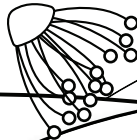


PUĒ

TAMARIKI

FIRSE

This activity book
belongs to: _____



Let's celebrate Children's Day!



**TE RĀ O NGĀ
TAMARIKI**
CHILDREN'S DAY

You are New Zealand's taonga and today everyone in Aotearoa is celebrating YOU! This booklet is full of activities, cool colouring pages and fun things you can do with your whānau and friends that focus on being kaitiaki - guardians of the sky, sea and land.

.....

Think Earth

How do you want our planet to look in 10 years time? Draw in some of your ideas.
For example: gigantic windmills, solar panels or floating vegetable gardens.



Maze

Can you help Liam collect food scraps for the compost bin?

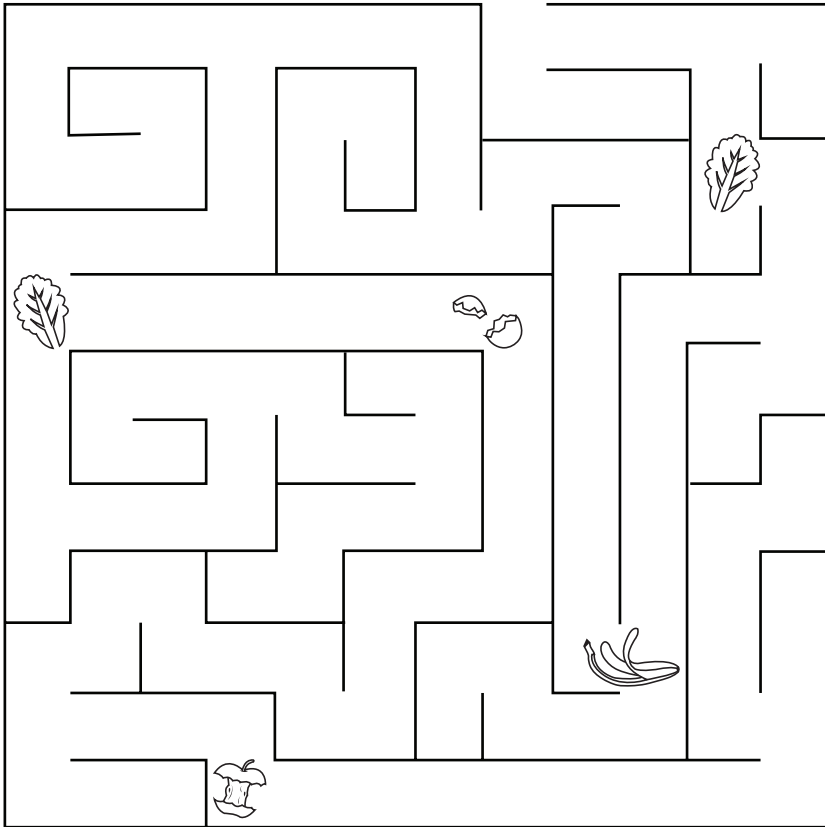


Start here!



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Make new friends bingo



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CHILDREN'S DAY

Find a person who matches the description in the bingo boxes below. Say "Hello!" and colour in the box.

B	I	N	G	O
has brown eyes	has tried something new this week	knows a super silly joke	can say "hello" in a language other than English	has been camping
can ride a bicycle	knows how to make a snack	has a vegetable garden at home	has a cousin	has an older sister or brother
is sitting under a tree	has a pet	free space!	hugged a tree today	has swum in the sea
has a little brother or sister	can make a funny animal sound	read a book this week	turns off the tap when brushing teeth	likes the same food as you
is wearing something red	has made a new friend today	has blue eyes	has been fishing	can do 5 star jumps

Help Kakariki collect materials that can be recycled



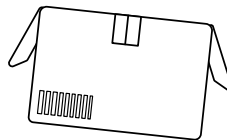
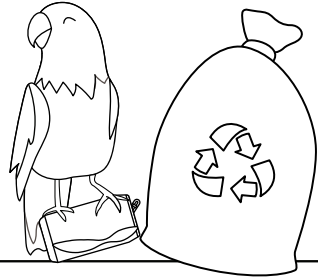
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Find all the materials hidden in this word search puzzle below:

Glass
Paper
Tins
Clothing
Cardboard

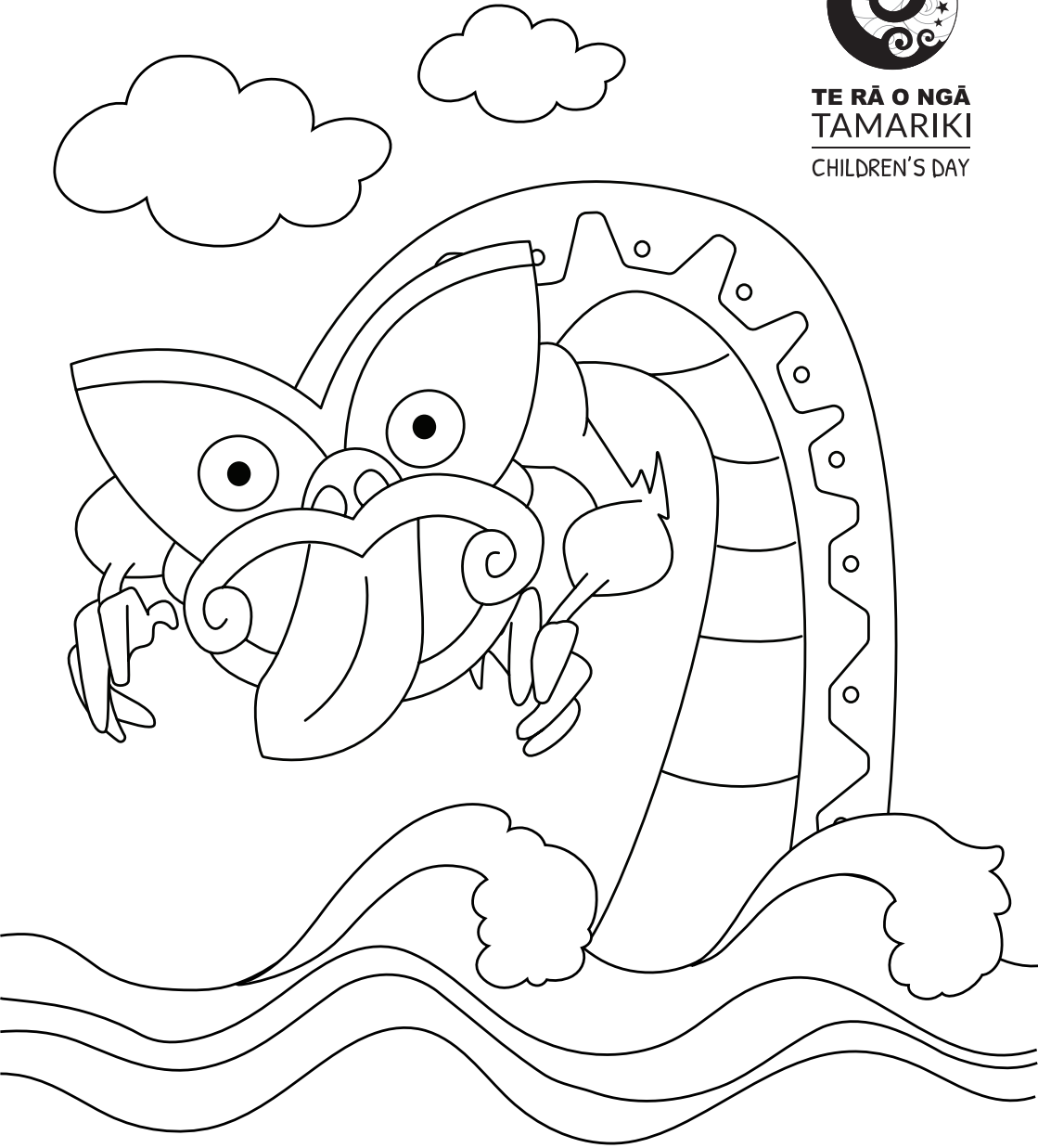
Aluminium
Books
Bottles
Wood
Boxes

Jars
Cans
Food





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CHILDREN'S DAY



Coloured in by _____
Ask your parents to share a photo of your creation on Instagram or the Children's Day New Zealand Facebook page with #ChildrensDayNZ and be in to win an art and craft prize pack.
Closes 13 March 2020



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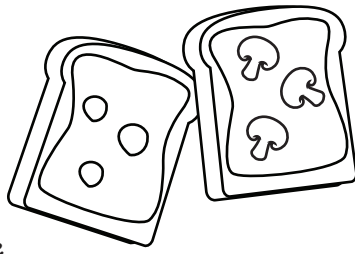


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CHILDREN'S DAY



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Closes 13 March 2020

Pizza toast



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What you'll need:

4-8 slices of toasted bread

1 cup pizza sauce or tomato sauce

1-2 cups of grated cheese

Any toppings of your choice like salami, pineapple or mushroom

1. Preheat your oven on grill.
2. Place the toasted bread on a baking sheet and add a generous spoonful of tomato sauce to each piece. Spread the sauce to the corners of each slice of toast with the back of your spoon.
3. Top with a handful of grated cheese followed by the toppings of your choice and dried herbs.
4. Place the toast in the oven and grill until the cheese has melted.
5. Remove the toast from the oven and allow to cool for a few minutes before serving.

Enjoy!

Monster trail mix bites

What you'll need:

1 cup rolled oats

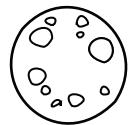
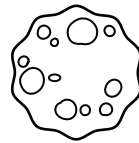
1/2 cup chocolate chips

1/4 cup raisins

3/4 cup peanut butter melted

1 tablespoon of honey

pinch of salt



1. In a large bowl mix together all the ingredients (oats, chocolate chips, raisins, melted peanut butter, honey and a pinch of salt).
2. Once combined, use a tablespoon to scoop the mixture and roll it into small balls.
3. Place the balls on a plate and leave in the fridge until firm - around 2 hours.

Enjoy!

Reduce, Reuse, Recycle

Make your own paper!



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What you need to do:

1. Tear sheets of newspaper into small pieces (about 2cm) and put into a bucket.
2. Fill the bucket with just enough water to cover the pieces of paper. Set this aside for two days.
3. After two days, use a spoon or your hands to mix the paper until it breaks up into pulp.
4. Pour the mixture through a fine strainer (a baking sieve would work well) to remove water.
5. Pour the drained pulp mixture onto a baking tray lined with newspaper. (Optional: you can add a few drops of food colouring or dried flowers to the mixture).
6. Use your hands or a rolling pin to spread the mixture over the newspaper until it is smooth and even.
7. Place the baking tray in a warm, dry spot until it dries completely. (This can take a day or two.)
8. Once dry, gently lift the newspaper and peel your homemade paper away from it.
9. Congratulations, you have now made your own paper!

What you'll need:

Newspaper
Bucket
Water
Rolling pin

Optional

Dried flowers
Food colouring



Fun Fact: Recycling paper helps to reduce greenhouse gas emissions that can contribute to climate change. It takes 70% less energy and water to recycle paper than to create new paper from trees.

We
are all
Kaitiaki



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CHILDREN'S DAY