

RUA'S LOVE HEART SHORTBREAD



One of Rua's favourite things is baking with his Mum. This week he's going to prepare and make Shortbread for Sunday lunch and he's very excited about it!

Why don't you ask an adult to help you prepare this yummy treat.

What you'll need:

- 450g butter, softened
- 200g caster sugar
- 2 teaspoons vanilla extract
- 500g plain flour

1. Preheat the oven to 180 C.
2. Cream the butter and sugar until it's fluffy.
3. Stir in the vanilla, add the flour and then mix well.
3. On a lightly floured board, roll out the mix to a 1cm thickness.
4. Use your heart cut out on this page to make shortbread shapes.
5. Place them on a greased oven tray and bake for 10 to 12 minutes.



Shortbread is great on picnics and for tea parties.

HELP PATCH FIND HIS TREASURE



HELP KATE COLOUR THE TREASURE

